



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIT IN A PARTY

Fitness Marathon

Punch your workout up a notch.

Experience some of the hottest fitness classes offered anywhere, all in one afternoon at the Y!

When: Sunday, February 26 • 1:30–4:30 PM
Registration opens at 1:00 PM

Who: Everyone, ages 16 and older (Y membership not required)

What: Try out up to 6 different fitness classes (30 minutes each), including Zumba®, Hip Hop, Cardio Fusion, Piloxing®, Boot Camp Express, Cardio Kickboxing, Yoga Stretch, and Spinning

Cost: \$10 per person

Why: All proceeds will help us provide new fitness equipment



YMCA OF ELKHART COUNTY

200 E Jackson Boulevard

(P) 574 389 7878 (W) www.elkhartymca.org

