



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TAKE TIME TO ENJOY SUMMER

Summer 2012
Program Guide

YMCA OF ELKHART COUNTY



WE ENCOURAGE YOU TO EXPLORE

At the YMCA OF ELKHART COUNTY, we're more than just a place to work out.

We're a place where you can be yourself.

Whether you're a long-time member of the Y or are thinking of joining for the first time, you can find out what's going on with our programs and facility offerings.

For your convenience, as a Y member, you may register for many programs online at www.elkhartymca.org.

The YMCA of Elkhart County is a 501(c)(3) charitable organization.



Browse and enjoy!

Our Leadership Team

2012 Board of Directors

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SUPPORTING ALL HEALTH SEEKERS

SESSIONS:

Summer 1: 5 Weeks

June 4 - July 7 (No classes Wed., July 4)

Summer 2: 5 Weeks

July 9 - August 11

Day Camps

June 4 - August 11

REGISTRATION:

Member

Open Now

Participant

May 4

Open Now

June 9

Open Now

April 14



OOPS!

"We cancelled it because we didn't know you wanted it!"

Sometimes, excellent programs with super instructors are cancelled due to low enrollment. We need a minimum number of participants enrolled before a class will go on as scheduled. To avoid inconvenience and disappointment, **REGISTER EARLY!**

Inclement Weather

We will be closed if a city-wide emergency is declared. In that event, all programs, classes and building operations will be cancelled. In the event the Elkhart Community Schools close, we will make every effort to run classes & programs. Make-up classes cannot be rescheduled. Additional announcements can be heard at WSBT-TV, WFRN, and WVPE.

SUMMER HOURS

(May 1-Oct. 20)

Monday - Thursday

5:00 am-9:00 pm

Friday

5:00 am-8:00 pm

Saturday

7:00 am-2:00 pm

Sunday

Closed

Closed Wednesday, July 4

Wanke Youth Center

Mondays-Fridays 3:30-6:30 pm

Child Watch

FREE Child Watch service is available to Family Y members while exercising or participating in an activity at the Y. Child Watch can accommodate new-borns through 4th grade. All other Y members and non-members may use Child Watch for \$5/hour per child.

Monday - Thursday

8:00 am-1:00 pm, 4:00-8:00 pm

Friday

8:00 am-1:00 pm, 4:00-7:00 pm

Saturday 8:00 am-12:00 pm

Bring a Guest

Bring your friend or family to the Y with you! To accommodate our members, we ask that only one guest visit per member every 12 month period. Guests must be accompanied by a Y member.

AWAY Program

The AWAY program means you're Always Welcome at the Y! Your membership will be honored at participating YMCAs. Wherever you travel, you can find the Y by dialing **866 USA YMCA** or looking online at www.ymca.net

RESPECT, RESTORE, REALIZE

We believe that lasting personal and social change can only come about when we all work together. That's why, at the YMCA of Elkhart County, strengthening community is our cause.

With a focus on youth development, healthy living and social responsibility, the Y works to nurture the potential of children and teens, improve the nation's health and well-being, and give back and support neighbors. At the Y, no child, family or adult is turned away. We recognize that for Elkhart County to succeed, everyone must be given the opportunity to be healthy, confident, connected and secure.

When you give to the Y, you strengthen our community. Every dollar contributed is turned into \$2.02 in programs and services given back to children and families in Elkhart County.

FINANCIAL AID

The generosity of the YMCA OF ELKHART COUNTY's Community First Campaign provides a limited number of scholarships for camps. Please contact our Camp Director (574 389 7878) for camp scholarship information.

Swimming

Swimming is a life skill as well as great exercise and a challenging sport.

Swim Lessons

Dates: **Summer 1** June 4-July 7
(No class Wed., July 4)
Summer 2 July 9-Aug. 11

The Y is the place where many people will begin their journey on becoming and staying active and developing healthy habits that will continue throughout their lives.

And, the benefits are far greater than just physical health.

Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in aquatics at the Y is about building the whole person, from the inside out.

Preschool Swim Lessons

Fee: \$25 Y Member
\$60 Community Member

*Session 1 Wednesday, July 4
No Class, fees are prorated
\$20/\$50

Parent/Child Swim Lessons

(6 months - 3 years)

This 30-minute class introduces safety awareness and provides an excellent opportunity to develop pre-swimming skills in a fun atmosphere. You are your child's first and best teacher. We work with you and your child from ages 6-36 months, focusing on orientation and adjustment. You will enjoy uninterrupted time and experience closeness with your child while socializing with other families.

Shrimp

For children 6-18 months. Once a week for 5 weeks.

Times: Monday 5:00-5:30 pm
Saturday 9:30-10:00 am

Perch

For children 19-35 months. Once a week for 5 weeks.

Times: Wednesday* 5:00-5:30 pm
Saturday 10:15-10:45 am

Preschool Swim Lessons

(3 - 5 years) Once a week for 5 weeks. We help children build elementary swimming skills while teaching them to be safe around all water. Preschoolers are placed in the proper class by our Aquatic Director their first day, according to their swim ability.

Times: Monday or Tuesday
4:00-4:30 or 4:45-5:15 pm
Wednesday* or Thursday
5:00-5:30 or 5:45-6:15 pm
Saturday 9:45-10:15 am
or 10:30-11:00 am

Preschool Daily

2 Sessions: 4 times a week for 2 weeks.

Dates: June 4-14 & July 16-26

Times: Monday-Thursday,
9:45-10:15 am or
10:30-11:00 am

Pike

Beginners, still leery of the water and unable swim on their own, will begin with bobbing, blowing bubbles, kicking and floating on stomach and back.

Eel

When little ones can float, put their faces in the water and swim a bit on their own, we introduce the paddle stroke, breathing, and swimming on their back.

Rays

As kids progress to swimming 15 feet on their front and back, we work on stroke development and endurance. This class is combined with Starfish.

Starfish

In our most advanced preschool class, we continue to improve stroke skills, introducing swimmers to treading water. This class is combined with Rays.

Youth Swim Lessons

(6-12 years)

Dates: **Summer 1** June 4-July 7
(No class Wed., July 4)
Summer 2 July 9-Aug. 11

Fee: \$35 Y Member
\$80 Community Member

*Session 1 Wednesday, July 4
No Class, fees are prorated

Once weekly for 5 weeks

Times: Monday or Tuesday
4:00-4:40 or 4:45-5:25 pm
Wednesday* or Thursday
5:00-5:40 or 5:45-6:25 pm
Saturday 9:45-10:25 am
or 10:30-11:10 am

Youth Daily Swim Lessons

2 Sessions: 4 times a week for 2 weeks.

Dates: June 4-14 & July 16-26

Times: Monday-Thursday
9:45-10:15 am or
10:30-11:00 am

Polliwog

In our beginner level, kids learn basic water skills including floating and kicking with our certified instructors.

Guppy

Swimmers begin to refine their strokes and personal safety skills. We slowly introduce them to deeper water as they grow more independent and confident.

Minnow

Swimmers learn to perfect the front crawl and backstroke while we introduce them to the breaststroke.

Fish

Intermediate swimmers continue to work on floating and treading while learning new skills, like butterfly stroke, and competitive turns & starts.

Flying Fish

Swimmers advance, working on strokes and turns, developing rescue and snorkeling skills.

Shark

We begin to focus on competitive swimming, building skills toward completing 200 yard individual medley.



Dance, Gymnastics and Cheer

There's a lot more than sports at the Y! Try new things, make new friends ... and be kids!

Dance

We provide children an excellent opportunity to develop the basic building blocks of dance in a fun atmosphere. Students learn the basic ballet and tap skills and how to participate with others. Have fun being active to music!

Dates: **Summer 1** June 4-July 7

Preschool Dance

Ballet & Tap

We teach the basic ballet and tap skills and combinations to develop coordination and balance set to fun music.

Ages 3-4 Tuesday 6:00-6:30 pm

Ages 4 ½-5 Tuesday 6:30-7:00 pm

Fee: \$25 Y Member
\$50 Participant

Youth Dance

Fee: \$35 Y Member
\$80 Participant

Ballet & Tap

Kids learn basic ballet and tap skills in combinations, developing coordination and balance, set to fun, age-appropriate music.

Ages 6-11 Thursday 6:30-7:00 pm

Ballet Only

Dancers learn the basic ballet skills and combinations, develop coordination and balance, with barre and floor work.

Ages 6-14 Tuesday 7:00-7:45 pm

Jazz Only

Learn the basic jazz skills and combinations, develop rhythm with more hip action than ballet, set to fun music.

Ages 6-10 Thursday 6:15-7:00 pm

Hip Hop

Students learn the basic hip hop moves while developing rhythm and coordination. Age appropriate music and choreography.

Gymnastics

The Y offers a fun gymnastics program dedicated to helping every child reach their fullest potential, both physically and mentally.

We believe gymnastics training provides an excellent foundation in physical fitness, emphasizing the development of strength, flexibility and coordination, the basics of all sports.

We create a safe, secure atmosphere that develops a child's self-discipline, self-confidence and enthusiasm, as well as gymnastics skills.

Dates: **Summer 1** June 4-July 7

(No class Wed., July 4)

Summer 2 July 11-Aug 13

Gym Tots

An interactive, positive parent and child introduction to gymnastics for toddlers, 12-36 months old. We focus on gross motor skills with age appropriate games, movements, and songs designed to develop balance and coordination.

Time: Thursday 5:45-6:15 pm

Fee: \$25 Y Member
\$60 Participant

Preschool Gymnastics

Fee: \$35 Y Member
\$80 Participant

Tumble Tots

For beginners ages 3-4, in this class we start with the basics of gymnastics, including body positions, events, and the USA Gymnastics Level 1 skills.

Time: Monday 5:45-6:30 pm

Super Tots

For children ages 5-6. We build our USA Gymnastics Level 1 & 2 skills in a fun and age appropriate setting that includes learning to participate safely.

Time: Monday 4:15-5:00 pm

Future Olympians

For children under the age of 7, with instructor recommendation, ready to advance to USA Gymnastics Level 3.

Time: Monday 5:00-5:45 pm

Youth Gymnastics

Ages 7-14

Fee: **Summer 1** \$28 Y Member
\$66 Participant

Fee: **Summer 2** \$35 Y Member
\$80 Participant

Stars

Gymnasts begin learning body positions, general body awareness, basic tumbling, and other USA Gymnastics Level 1 skills.

Time: Wednesday 4:15-5:00 pm

Shooting Stars

Gymnasts advance to USA Gymnastics Level 2 skills.

Time: Wednesday 5:00-5:45 pm

Super Stars

Gymnasts advance to USA Gymnastics Level 3 skills.

Wednesday 5:45-6:30 pm

Pre Team Gymnastics

Offered year round for kids, ages 5-15, wishing to move up to competition-level gymnastics. Pre-team members meet twice weekly for 3 hours per week. Must be teacher-recommended.

Monthly Fees: \$30 Y Member
\$40 Participant

Cheer

Want to know what cheerleading is really all about? Kids ages 4-14 will learn cheer motions, techniques, dance and stunts. We promise to leave them cheering for more!

Time: Tuesday 5:00-5:45 pm

Fee: \$35 Y Member
\$80 Participant



Youth Sports

Check out the sports offerings at the Y and get in the game!

Martial Arts

We are happy to offer family-focused Tae Kwon Do to our members and guests. We help students become better students by improving discipline, self-esteem, self-confidence, self-defense, self-control and respect. Children ages 3 and up are invited to participate in this program.

- Warm-ups, stretches, and basic exercises.
- Learning the mechanics, techniques, and forms of Tae Kwon Do.
- Learn basic self-defense techniques.
- Develop listening skills, leadership skills, and improve self-confidence.
- Enriching your lifestyle with new skills and to meet other families who may become your martial arts family.

Ages 3-4 Tues/Thurs 4:00-4:30 pm

Ages 5-8 Tues/Thurs 4:30-5:30 pm

Ages 9 & up Tues/Thurs 5:30-6:30 pm

Dates: **Summer 1** June 4-July 7

(No class Wed., July 4)

Summer 2 July 11-Aug 13

Fee: Ages 3-4:
\$32 Y Member
\$64 Participant

Ages 5 & up
\$64 Y Member
\$128 Participant



Sports

Dates: June 25-August 11
Registration ends June 15
No practice or games July 4

Fee: \$40 Y Member
\$70 Participant

NFL Outdoor Flag Football

Do you like playing football as much as watching games? We have a great program for you! Boys and girls, ages 6-16, have fun and get lots of field-time during the non-stop action. Everyone gets to play in NFL Outdoor Flag Football, and good sportsmanship & teamwork are always emphasized. Traditional 5-on-5 play. Plus, you will sharpen your football skills, learn new ones and, best of all, PLAY FOOTBALL! Registration ends June 15.

T-Ball

What's more American than Apple pie and baseball?

In our instructional league for beginning T-ball players (ages 3-8) and parents, we will practice game play, learn about teamwork and sportsmanship, and the Y core values: honesty, respect, caring and responsibility. We'll develop baseball/softball skills at practice and game strategy in the games, held each week. Fee includes a shirt and award.



Summer Preschool and Day Camp

Playing and learning never takes a break.

2012-2013 Learning Center Busy Bee Preschool

All kids have great potential. At the Y, we help them gain self-confidence as they recognize the Y as a place where they belong and safely explore new interests and skills.

Classes start September 5, 2012 and run until May 24, 2013.

Our preschool classes have a \$60 registration fee. The cost is per month and is always due on the first. There is a one-time field trip and snack fee of \$50, payable before the first day of class.

ALL DAY, three days per week (M/W/F)

Ages: 4-5 8:30am-3:00 pm

Fee: \$140/mo Y Member
\$180/mo Community Member

ALL DAY, five days per week

Ages: 4-5 8:30 am-3:00 pm

Fee: \$210/mo Y Member
\$265/mo Community Member

HALF DAY, 3 days per week (M/W/F)

Ages: 4-5 8:30-11:30 am

Fee: \$96/mo Y Member
\$116/mo Community Member

HALF DAY, two days per week (T/TH)

Ages: 3-4 9:00-11:30 am

Fee: \$80/mo Y Member
\$100/mo Community Member



SUMMER MY WAY DAY CAMP

Get Your Summer On The Right Track

Imagine a place where you get to choose the activities all summer long. Imagine a summer that you create and make exactly what you want.

Introducing the next level in summer camp experience: Summer My Way!

It's a fully customizable summer day camp at the Y, designed for kids entering kindergarten through 5th grade. We promise to engage your children with the most possible options for all.

Are you ready for an unbelievable summer?

- 3 different "tracks" to peak your child's individual interests:
 - > Sports track
 - > Creative track
 - > Specialty track
- Each track, each week a different focus
- You may choose to switch tracks every week

Visit www.elkhartymca.org for details on each Track, and start planning your summer your way!

Creativity and Sport Tracks

Monday-Thursday 9:00 am -4:00 pm

Fees: \$65/ child per week.

Specialty Track

Monday-Thursday

For Specialty track hours, please visit our website: www.elkhartymca.org

Fees: \$60 per child per week.

Field Trip Fridays

You may also choose Friday Field Trips for an additional fee.

* Please note: All campers must have a Y Membership, a **Summer My Way** Program Membership or a Summer Sizzler Program Membership to participate in camp.

SUMMER MY WAY

Youth Only Program Membership
Individual \$30.00
Family \$50.00

This summer program membership allows only youth in the community to sign up at the Y for the summer and take advantage of member rates for camp. This membership is good May 31-August 31.

SUMMER SIZZLER

Program Membership
Individual \$40.00
Family \$60.00

This membership is for youth only to sign up for summer programs at a Y member price. This membership is good May 31-August 31. This allows a youth to sign up for any summer session, including camps, at the member price.

Mini Camp

Our Mini Camp is a great way to introduce preschoolers to camp without them having to stay all day. Activities include arts, crafts, swimming, making new friends and much more! Check out our different themes for each week and see which one(s) your child would be interested in.

Ages: 3-5 year olds

Time: Monday - Friday
9:00 am-12:30 pm

Fees: \$55 Y Member
\$65 Community

Also being offered for weeks 2, 3, & 8 are specialty camps. These three camps focus on a certain program area that we offer at the Y.

Week 2 is Preschool Water Play,

Week 3 is Tippy Toes Dance

Week 8 is Preschool Gymnastics.

The time and price are the same, the only difference is the specialty camps are offered Monday-Thursday.

For complete information, please visit our website: www.elkhartymca.org.



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